



Tanya

**Physiotherapist
QLD**

Tanya is a Physiotherapist who brings diverse clinical experience across neurology, gerontology, paediatrics, respiratory, and musculoskeletal care, paired with a warm, client-centred approach grounded in strong communication and life experience.

Tanya is a Physiotherapist who graduated with distinction from the Australian Catholic University. She has gained broad clinical experience across acute neurology, cardiorespiratory rehabilitation, community physiotherapy, paediatrics, acute respiratory care, and musculoskeletal outpatients.

Tanya enjoys supporting clients of all ages and abilities, with particular interest in neurological, geriatric, paediatric, and cardiorespiratory physiotherapy. She brings a warm, person-centred approach grounded in strong communication skills, shaped by her experience as a parent and her previous career in commercial banking. Tanya is committed to helping each client feel supported, understood, and empowered in their rehabilitation journey.

Professional Special Interests

- Neurological physiotherapy
- Geriatric physiotherapy
- Paediatric physiotherapy
- Cardiorespiratory physiotherapy
- Building rapport and person-centred communication
- Holistic, functional rehabilitation

Personal Interests

- Yoga (350hr Yoga Teacher Training)
- Badminton
- Camping and exploring in a camper trailer