



Nora

**Physiotherapist
QLD**

Nora is a Physiotherapist passionate about supporting older adults and clients with cardiorespiratory needs, helping them maintain independence and improve function.

Nora is a Physiotherapist who graduated in 2024. She has completed placements across neurology, cardiorespiratory, musculoskeletal, and mixed rehabilitation settings, gaining experience in hospitals and community clinics.

Nora has a particular interest in geriatrics and cardiorespiratory physiotherapy, helping clients improve function, maintain independence, and achieve their health goals. She also completed an Honours Research Project on sports-focused interventions for children with juvenile idiopathic arthritis, highlighting her dedication to evidence-based practice.

Special Interest Areas

- Geriatrics
- Cardiorespiratory physiotherapy
- Musculoskeletal and neurological rehabilitation (experience-based)
- Evidence-based interventions for children