



Natalie

**Team Manager | Physiotherapist
VIC**

Natalie is passionate about supporting clients to regain independence and reach their wellness goals, combining clinical expertise with a collaborative, team-based approach.

Natalie is a passionate Physiotherapist servicing the North to South Melbourne region, dedicated to helping clients of all ages achieve their rehabilitation and wellness goals. Her interest in physiotherapy was sparked after her own rehabilitation journey as a teenager, inspiring her to make a positive difference in the lives of others.

Natalie has experience across hospitals, rehabilitation, and community settings, working with older adults and clients of all ages with musculoskeletal conditions. She has also contributed to multidisciplinary teams in pain management and general and pulmonary rehabilitation, ensuring comprehensive, personalised care. Natalie values collaboration and takes great satisfaction in empowering clients to improve function, independence, and overall quality of life.

Clinical Special Interests:

- Musculoskeletal rehabilitation
- Pain management
- General and pulmonary rehabilitation
- Working with older adults
- Multidisciplinary, team-based care

Personal Interests:

- Spending time with family and friends
- Visiting cafes
- Exploring the outdoors