



Emma

**Physiotherapist
QLD**

Emma is a Physiotherapist specialising in musculoskeletal and geriatric care, delivering collaborative, functional therapy to support independence and quality of life.

Emma is Physiotherapist who brings a hands-on approach to helping clients improve their movement, confidence, and everyday function. She has special interests in musculoskeletal physiotherapy and geriatrics, allowing her to support a wide range of clients with pain management, mobility restoration, and functional rehabilitation.

Working primarily in community settings, Emma enjoys helping clients achieve practical goals within their own environments, promoting independence and meaningful participation in daily activities. She prioritises active listening and collaborative goal-setting to ensure every client feels heard, supported, and empowered throughout their therapy journey. Emma is currently working toward expanding her knowledge of the lymphatic system and developing skills in lymphatic drainage techniques to further enhance her treatment approach.

Professional Special Interests

- Musculoskeletal physiotherapy
- Geriatric rehabilitation
- Community-based, functional therapy
- Collaborative, goal-focused treatment planning
- Lymphatic system health and lymphatic drainage (developing interest)

Personal Interests

- Gym training and running
- Beach outings
- Spending time with family

