



Cindy

Physiotherapist
QLD

Cindy is passionate about supporting clients to overcome chronic pain and improve functional abilities, helping them return to the activities they enjoy most.

Cindy is a Physiotherapist servicing the South Brisbane region, passionate about helping clients of all ages improve function, mobility, and quality of life. She has experience across musculoskeletal, neurological, and geriatric care, taking a holistic, person-centred approach to support clients in achieving their goals.

Cindy has a particular interest in chronic pain management and using exercise to enhance functional abilities. She finds it rewarding to help clients regain the ability to participate in activities they once thought were unattainable.

Clinical Special Interests:

- Chronic pain management
- Exercise-based rehabilitation
- Musculoskeletal physiotherapy
- Neurological physiotherapy
- Geriatric physiotherapy
- Holistic, person-centred care

Personal Interests:

- Pilates
- Beach activities