



Bernard

**Team Manager | Physiotherapist
QLD**

Bernard is a Physiotherapist with strong interests in neurological, musculoskeletal, and vestibular rehabilitation he brings a calm, client-centred approach supported by his personal passion for fitness and continual learning.

Bernard is a Physiotherapist who graduated from Griffith University and has since developed strong clinical expertise across neurological rehabilitation, musculoskeletal physiotherapy, vestibular physiotherapy, and strength and conditioning. He is committed to delivering thoughtful, evidence-based care, supporting clients to rebuild confidence, restore function, and achieve meaningful long-term outcomes.

Bernard's balanced, client-centred approach is complemented by his personal passion for health and wellbeing, reflected in his love of training at the gym and ongoing learning through reading.

Special Interest Areas

- Neurological rehabilitation
- Musculoskeletal physiotherapy
- Vestibular physiotherapy
- Strength and conditioning
- Going to the gym
- Reading