



Alivia

**Team Manager | Physiotherapist
QLD**

Alivia is a client-centred Physiotherapist with a strong interest in geriatric and neurological care, bringing evidence-based, community-focused support.

Alivia is a Physiotherapist with a strong foundation in geriatric and neurological care, drawn to the profession through her early interest in healthcare and her desire to create meaningful change in people's lives. She is committed to delivering evidence-based physiotherapy that supports long-term, functional progress, particularly for clients whose conditions make accessing clinic-based services challenging.

Working in the community allows Alivia to build deep rapport, tailor therapy to each person's goals, and ensure treatment genuinely aligns with what matters most to the client. She brings additional training in women's health and a client-centred approach grounded in listening, collaboration, and functional relevance.

Clinical Special Interests

- Geriatric physiotherapy
- Neurological physiotherapy
- Women's health
- Long-term community-based rehabilitation
- Evidence-based functional therapy

Personal Interests

- Reading (books + audiobooks)
- Drawing
- Recreational volleyball
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