



Tamryn

**Occupational Therapist
QLD**

Tamryn is a person-centred Occupational Therapist who supports individuals to build independence and engage in meaningful activities through holistic, community-based care.

Tamryn is originally from New Zealand, she graduated from Auckland University of Technology in 2025 and brings a holistic, person-centred approach to her practice.

Tamryn has gained experience across stroke rehabilitation, aged care, and mental health through her clinical placements, and has a strong interest in paediatrics and neurological rehabilitation.

She places a strong emphasis on building genuine rapport with her clients, recognising each person as the expert in their own life. Tamryn values culturally responsive practice and works collaboratively with individuals and families to ensure therapy is meaningful, relevant, and aligned with what matters most to them.

Tamryn enjoys working in community-based settings, where she can support clients within their own environments to achieve practical and lasting outcomes. She is committed to ongoing professional development, with a focus on autism in paediatrics, neurological rehabilitation, and assistive technology.

Clinical Interests

- Paediatric Occupational Therapy
- Autism support
- Neurological rehabilitation
- Stroke rehabilitation
- Mental health
- Functional, goal-directed interventions
- Assistive technology
- Community-based therapy
- Person-centred care
- Culturally responsive practice

Personal Interests

- Reading (Kindle)
- Running
- Gym
- Watching sport
- Nature walks and picking flowers
- Spending time with loved ones

