



Ross

Physiotherapist
QLD

Ross is a physiotherapist who delivers goal-focused, community-based care to improve mobility, balance, and independence through personalised rehabilitation and functional support.

Ross is a Physiotherapist who was inspired to enter the profession through his desire to help his father manage persistent low back pain. This experience sparked his interest in understanding how the body functions and motivated him to develop the skills to support others in improving their movement, function, and quality of life.

Ross has clinical interests in falls prevention, balance training, neurological rehabilitation, and cardiorespiratory physiotherapy. He enjoys supporting individuals recovering from stroke and other neurological conditions, as well as working with clients managing conditions such as COPD and heart failure.

He takes a collaborative and goal-focused approach to therapy, prioritising getting to know each client, understanding their individual needs, and working together to create realistic and meaningful goals. Ross particularly enjoys community-based physiotherapy, where working within a client's home environment allows for more personalised, functional, and long-term support in collaboration with families and support networks.

Clinical Interests

- Falls prevention
- Balance training
- Neurological rehabilitation
- Stroke rehabilitation
- Cardiorespiratory physiotherapy
- COPD management
- Heart failure rehabilitation
- Community-based physiotherapy

Personal Interests

- Spending time outdoors
- Run clubs
- Going to the gym