



Rocky

**Occupational Therapist
QLD**

Rocky is a holistic, person-centred Occupational Therapist with interests in paediatrics and mental health, who is passionate about supporting individuals to build confidence, independence, and meaningful lives through compassionate, community-based care.

Rocky is an Occupational Therapist with a background in digital content who was drawn to a more meaningful, people-focused career in health. He takes a holistic, person-centred approach, recognising the importance of physical, mental, social, and spiritual wellbeing.

Rocky has a strong interest in paediatrics and mental health, and is passionate about supporting individuals to build confidence, independence, and a sense of purpose. He values creating safe, supportive spaces where clients feel heard and understood, using compassion and cultural awareness to guide his practice. Rocky enjoys community-based therapy, where working in real-life environments allows for more practical and meaningful outcomes.

He is committed to ongoing learning, particularly in behaviour support, mental health, and nature-based approaches.

Clinical Interests

- Paediatrics
- Mental health
- Behaviour support
- Holistic, person-centred therapy
- Cultural awareness and culturally responsive practice
- Therapeutic use of self
- Community-based and functional therapy
- Nature-based approaches

Personal Interests

- Film photography
- Surfing
- Spending time in nature
- Being a present and supportive dad