



Natalie

**Physiotherapist
QLD**

Natalie is a community Physiotherapist providing evidence-based, hands-on rehabilitation with a particular focus on geriatric care, pain management, and client-centred goal setting.

Natalie is a dedicated Physiotherapist who was drawn to the profession by her passion for helping people and the opportunity to work across diverse clinical pathways within community care. She takes a hands-on, evidence-based approach to treatment and builds strong therapeutic relationships by taking the time to understand each client's goals, priorities, and whole-person needs. Natalie has a strong interest in supporting older adults and has completed additional training in Dry Needling, which she enjoys incorporating into her practice where appropriate.

Working in the community allows her to deliver highly personalised therapy within clients' own environments, helping them feel comfortable and empowered as they work towards meaningful outcomes.

Professional Special Interests

- Geriatric physiotherapy
- Community-based rehabilitation
- Dry needling
- Neurological presentations
- Women's health
- Persistent pain management