



Maheen

**Occupational Therapist
VIC**

Maheen is an occupational therapist dedicated to adult rehabilitation, functional independence, and enhancing quality of life through personalised, evidence-based interventions across community and hospital settings.

Maheen is committed to supporting adults in achieving greater independence and improving their quality of life through tailored rehabilitation interventions. She completed her Bachelor of Occupational Therapy (Honours) in 2023 and has developed extensive practical experience across both hospital and community settings.

Maheen's clinical experience includes working in a community NDIS role with. During this time, she has gained expertise in adult rehabilitation, wheelchair and shower chair prescription, pressure care management, home modifications, and functional capacity assessments. She is passionate about helping clients participate in meaningful activities and reach their personal goals.

Maheen is committed to ongoing professional development and has completed a range of courses covering wheelchair prescription, pressure injury management, home modifications, NDIS modules, and functional capacity assessment report writing.

Clinical Interests

- Adult occupational therapy and rehabilitation
- Wheelchair and shower chair prescription
- Pressure injury prevention and management
- Home modifications and adaptive equipment
- NDIS support and functional capacity assessments
- Enhancing participation in meaningful daily activities

Personal Interests

- Going to the beach
- Outdoor activities
- Spending time with family
- Gaming
- Exploring new restaurants



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