



Fiona

Occupational Therapist QLD

Fiona is an Occupational Therapist with a strong interest in paediatrics, using play-based and creative approaches to support children's development and independence in everyday life.

Fiona is an Occupational Therapist who is drawn to the profession by a strong desire to help others and finds motivation in seeing the small but impactful changes that support clients to live more independently and with greater ease.

Fiona has a strong interest in paediatrics and enjoys using play-based approaches to support children's development. She loves incorporating creative and engaging activities into therapy, helping children build skills and confidence in a natural and enjoyable way.

She prioritises building trust with her clients and their families by actively listening and understanding what matters most to them. Fiona takes a collaborative, person-centred approach, ensuring therapy aligns with each client's goals and supports their independence in everyday life.

Fiona enjoys working in community settings, where seeing clients in their own environments allows her to better understand their daily routines and provide practical, realistic supports that make a genuine difference.

Clinical Interests

- Paediatric Occupational Therapy
- Play-based therapy
- Child development and skill-building
- Creative and engaging interventions
- Person-centred and family-centred care
- Community-based therapy
- Functional, home-based supports
- Assistive technology and equipment
- Clinical reasoning and assessment skill development

Personal Interests

- Art exhibitions
- Playing guitar
- Spending time in nature
- Exploring Melbourne's food scene
- Visiting unique bars